

SCHOOL HOLIDAY PROGRAM **SEPT 2017**



Irabina Autism Services

03 9720 1118 | autism@irabina.com

HEAD OFFICE: 193 Bayswater Rd, Bayswater VIC 3153

CARDINIA BRANCH: 145 Henry Rd, Pakenham, VIC 3810

BUNDOORA BRANCH: 15 Plenty Rd, Bundoora VIC 3083

WEEK 1

Mon 25th - Thur 28th September
(Friday 29th is a Public Holiday)

- **School Readiness**
9:30am – 1:30pm
- **General Holiday Program**
9:30am – 1:30pm
- **Primary School Social Club**
9:00am – 3:30pm
- **Aquatic OT** (30min session)
9:00am - 11:00am
1:00pm - 3:00pm
(Monday –Thursday only)

WEEK 2:

Mon 2nd - Fri 6th October

- **School Readiness**
9:30am – 1:30pm
- **Music and Movement**
10:00am – 12:00pm
- **Lego Club**
2:00pm – 4:00pm
- **Aquatic OT** (30min session)
9:00am - 11:00am
1:00pm - 3:00pm
(Monday –Thursday only)

SCHOOL READINESS PROGRAM WEEK 1 & 2 ●

9:30am – 1:30pm

COST: \$220 per session

This program is specifically for children who will be attending a mainstream school in 2018. The group will work on the following necessary skills for a smooth transition to a mainstream school environment:

The program will include:

- Pre-literacy skills
- Playground/social games
- Winning/losing
- Emotional regulation
- Problem-solving
- School routines and rules
- Play skills
- Making new friends/social skills
- Classroom based skills
- Pre-writing/handwriting

FUNDING: HCWA, FFS, For NDIS cost please enquire at reception

GENERAL HOLIDAY PROGRAM WEEK 1 ●

9:30am – 1:30pm

COST: \$220 per session

This program is suited for children who:

- Are in their pre-school years
- Need support & practice in sharing play space and objects with other children
- Are beginning to follow simple adult direction and routines within small group-based activities
- Need support & practice with beginning communication skills (verbal and/or non verbal)

FUNDING: HCWA, FFS, For NDIS cost please enquire at reception

MUSIC AND MOVEMENT WEEK 2 ●

10:00am – 12:00pm

COST: \$110 per session

An Occupational Therapy Program using music and movement as a medium for developing:

- Gross motor, coordination and balance skills
- Self regulation and sensory motor skills
- Attention and listening skills
- Social communication skills
- Positive self esteem and improved self-confidence

FUNDING: HCWA, FFS, For NDIS cost please enquire at reception

BAYSWATER

- Early Intervention
- Primary School Age
- Adolescent

INTENSIVE AQUATIC OT WEEK 1 & 2 ●●

COST: \$95 per session | \$380 for four days (Mon - Thur)
9:00am - 11:00am or 1:00pm - 3:00pm (30min session)

The intensive aquatic program:

- Encourages motor development
- Supports effective sensory processing
- Develops water safety awareness and water confidence
- Promotes self-care skills such as tolerating hair and face washing
- Develops basic independent swimming skills with a goal of transitioning into lessons at community pools
- Develops social interaction, play and communication skills

FUNDING: HCWA, For NDIS cost please enquire at reception

LEGO CLUB WEEK 2 ●

COST: \$110 per session
2:00pm – 4:00pm

This program is based on the Lego Therapy model but participants will use a variety of construction toys as the basis of their project.

The idea behind Lego Therapy is to motivate children to work together in pairs and small groups on specific projects. The program allows children to practice joint problem solving, listening and general social communication skills, and will be supported by a multi-disciplinary team of therapists. The program will be most suited to children with strong language skills and previous exposure to social skills training.

FUNDING: HCWA, FFS, For NDIS cost please enquire at reception

PRIMARY SCHOOL SOCIAL CLUB WEEK 1 ●

COST: \$80 per session
9:00am – 3:30pm

A fun and recreational full-day program for primary school-aged children attending mainstream schooling and their siblings (also in mainstream schooling) with opportunities for children to form new friendships, develop gross motor skills and coordination skills, and learn about teamwork and emotional regulation. Activities at Irabina will include board games, art & craft, Lego, drama and sports activities.

Transport to and from Irabina, some food and the activities are included in the program cost. Children are to bring a drink bottle. If not specified below also bring a packed lunch:

PROGRAM OUTLINE

MON 25	TUE 26	FRI 29
Hotshot Tennis Program Lunch provided	Jump Deck	Public Holiday
WED 27	THU 28	
Croydon Movies Snack provided	Bunnings & footy themed day (children are encouraged to wear footy colours) Snack & lunch provided	

CARDINIA

WEEK 1

Mon 25th - Thur 28th September
(Friday 29th is a Public Holiday)

● **Preschool Holiday Program**
10:00am – 12:00pm

● **Primary School Holiday Program**
1:00pm – 3:00pm

WEEK 2:

Mon 2nd - Fri 6th October

● **Preschool Holiday Program**
10:00am – 12:00pm

● **Primary School Holiday Program**
1:00pm – 3:00pm

PRESCHOOL HOLIDAY PROGRAM WEEK 1 & 2 ●

COST: \$110 per session

Week 1 - \$440 per week | Week 2 - \$550 per week

This program is suited for children who:

- Are in their pre-school years
- Need support and practice in sharing play space and objects with other children
- Are beginning to follow simple adult direction and routines within small group-based activities
- Need support and practice with beginning communication skills (verbal and/or non verbal)

FUNDING: HCWA, FFS, For NDIS cost please enquire at reception

PRIMARY SCHOOL HOLIDAY PROGRAM WEEK 1 & 2 ●

COST: \$110 per session

Week 1 - \$440 per week | Week 2 - \$550 per week

This group will be run by an Allied Health clinician to assist in social skills development. This program will offer the functional skills to operate within a small group setting, following instructions and increasing confidence in Activities include:

- Lego
- Arts and crafts
- Social games
- Music and movement

FUNDING: HCWA, FFS, For NDIS cost please enquire at reception

BUNDOORA

WEEK 1

Mon 25th - Thur 28th September
(Friday 29th is a Public Holiday)

● ● **Social Skills Holiday Program (Ages 4 -10)**

- Mon 25th Sept
 - Wed 27th Sept
 - Thur 28th Sept
- 9:00am – 12:00pm

● ● **Social Skills Holiday Program (Ages 11+)**

- Mon 25th Sept
 - Wed 27th Sept
 - Thur 28th Sept
- 1:00pm – 4:00pm

WEEK 2:

Mon 2nd - Fri 6th October

● ● **Social Skills Holiday Program (Ages 4 -10)**

- Mon 2nd Oct
 - Wed 4th Oct
 - Thur 5th Oct
- 9:00am – 12:00pm

● ● **Social Skills Holiday Program (Ages 11+)**

- Mon 2nd Oct
 - Wed 4th Oct
 - Thur 5th Oct
- 1:00pm – 4:00pm

SOCIAL SKILLS HOLIDAY PROGRAM WEEK 1 & 2 ● ● ●

COST: \$174 per session

Week 1 & Week 2 - \$522 per week (three sessions)

This group will be run by a Speech Pathologist or Occupational Therapist to assist in social skills development. The program focusses on the functional skills to operate within a small group setting, following instructions and increasing confidence in general communication skills.

Activities include:

- Lego
- Social games
- Arts and crafts
- Music and movement

FUNDING: HCWA, FFS, NDIS (NDIS item #: 15_044_0128_13)

- Early Intervention
- Primary School Age
- Adolescent

REGISTRATION FORM

To register for a school holiday program please complete this form and scan and email to **autism@irabina.com** or hand in the form at reception

Please note your registration is not confirmed until you receive a confirmation email or call from Irabina

Name of Child: _____

Child's DOB: _____

Child's Age: _____

Name of Parent: _____

Parent's Phone Number: _____

Parent's Email: _____

Funding method to be used Fee for Service NDIS
 HCWA

Please select which program(s) you want to enrol your child in:

BAYSWATER

School Readiness Program: Week 1 Week 2

General Holiday Program: Week 1

Music and Movement: Week 1

Lego Club: Week 1

Aquatic OT: Week 1 Week 2
AM PM AM PM

Social Club : Hotshots Tennis - Mon 25
 Jump Deck- Tue 26
 Croydon Movies - Wed 27
 Bunnings - Thur 28

CARDINIA

Preschool Holiday Program: Week 1 Week 2

Primary School Holiday Program: Week 1 Week 2

BUNDOORA

Social Skills (4-10 years): Week 1 Week 2